Sand Lake Lions Roar

February 2023



A letter from the Principal

Dear Sand Lake Families,

Earlier this week, the School Board approved the District's plan for extended days. Starting on January 30th through March 9th, 30 minutes will be added to the end of the school day. Students will be dismissed from school at 4 pm. For those students riding our bus, the drop off times will be 30 minutes later than what is posted online.

During the 30 minute extension of the day, all students will be receiving instruction from their teacher. This extension allows for all of our students to make up some of the instruction time lost during the school closures. If at all possible please allow your children to stay in school during this time, these 28 days are very important.

Parent Teacher Conferences **will not** be held during February, and ASD's calendar for February still shows conferences with half days. Schools will be open for full days of instruction on February 22nd, 23rd and 24th. Please reach out to your child's teacher if you are interested in having a Parent Teacher Conference during February.

I'd like to thank everyone for coming out for our first Skate Night of the year, and for coming out to support our Tastee-Freez school takeover. Families had a lot of fun at both events, so we are currently planning on having more family fun nights in the coming months.

Sincerely,

Linson Thompson Principal, Sand Lake



UPCOMING EVENTS

- 1/27 Basketball game at Government Hill
- 1/31 Battle of the Books Jamboree 5th/6th Grade
- 2/2 Battle of the Books Jamboree 3rd/4th Grade
- 2/3 Basketball Game at Sand Lake
- 2/1 Spring Lottery Opens
- 2/9 Spirit Day ~ Sport Day
- 2/14 Valentines Day
- 2/17 Movie Night
- 2/18 Basketbal Tournament at Clark Middle School
- 2/20 No School ~ Presidents Day
- 2/24 Skate/Sledding Night



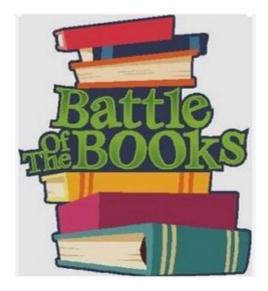
Parents are able to report their child's absence via Q Parent Connection. Please click on the link below for directions on how to report an absence from your smart phone.

Parents/Guardians can excuse an absence through ASD App up to three days prior and three days after the absence for the following reasons: illness, medical, or religious.

You can also email sandlakeattendance@asdk12.org or leave a message on the attendance line by calling #243-2161 & press #1

O ParentConnection

Watch the video to learn how



Sand Lake students will be participating in the district-wide Battle of the Books tournament coming up at the end of January for 5/6 and beginning of February for 3/4. We are bringing some incredibly strong teams this year! Battles will start around 3:15 and go into the evening. Please congratulate these students on all of their hard work this year!

Dates:

Tues 1/31: 5th-6th *Cailyn P., Heidi H., Adam E., Elliot, Keiana C., Natalie R.

Thurs 2/2: 3rd-4th *Zeke O., McKenna B., Michael T., Luca S., Stella F., Adaire R., Traxson T., and Alex P.

2023 Sand Lake "Kids Heart Challenge"

For the past 20+ years our school has participated in the Jump Rope/Hoops for Heart, now referred to as the Kids Heart Challenge from the American Heart Association (AHA). February is traditionally heart health month nationally, so we have always tried to promote this fundraiser for our school's PE department during that time. Sand Lake will receive \$ back for PE equipment purchasing the more we bring in as a school.

Dates: begin week of 1/30 (you may register and begin at any time, we just have to pick a start and end date). End by Tuesday, February 28th (allows for ordering and wrapping up before Spring Break).

We are online only this year, also there is a mobile app. Login instructions are below. Once online you can view prize levels available, each prize level also includes those that came before it. Additional prize for \$100 raised = pizza party thrown by PE department during student's lunch time before end of year.

Online instructions: 1. Heart.org/KHC and/or Kids Heart Challenge mobile app.

- 2. Search for state/school from homepage.
- 3. Create account or use prior year's info.
- 4. For your student's teacher list their homeroom.
- 5. Ignore any event start date, we had to put something.

Once your student has a page setup you can view personal and school progress towards goals, use their resources to send emails and ecards to contacts, view your gifts earned levels (you earn a wristband just for online setup), view your personal page as well as keep track of online donations.

Many thank-you gifts will be received by students immediately, others must be ordered. Also, we do not host one event, just promote through February.

Mr. Benson will receive an email whenever there is any online money raised and prizes earned. All questions or general information needs to be directed his way, not to our front office or Homeroom teachers. His email address is:

Benson_kirk@asdk12.org









News from the Nurse

Hello Sand Lake Families,

I have recently received several very generous winter gear donations for our school. Thank you to all of you who keep us in mind when purging items your family no longer needs. Donations are always welcome, especially gloves which can be easily washed/dried.

If your child is due to update immunizations/vaccinations, one excellent option is:

Providence Pediatric Immunization Clinic 3340 Providence Dr. Tower A, #351 907-212-4824 Free 1st Saturday of each month (next is February 4th) 10a--1 p except on holidays. Walk-Ins welcome Take a copy of current records with you.

Having safety and health discussions with your kids? Check out these amazing resources!

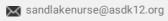
https://www.staralaska.com/prevention-education https://www.lung.org/quit-smoking/helping-teens-quit/talk-aboutvaping

Stay healthy Sand Lake! Nurse Laura

Laura Aimonetti, BSN, RN Sand Lake Elementary School, Anchorage School District <u>sandlakenurse@asdk12.org</u> <u>aimonetti_laura@asdk12.org</u> <u>phone: 907-742-9261</u> fax: 907-243-6025

Empowering students to be independent and responsible for their personal health and well-being.

"You cannot educate a child who is not healthy, and you cannot keep a child healthy who is not educated."-Dr. Jocelyn Elders



C 907-742-9261





Sand Lake Elemen...

Sand Lake has a vibrant neighborhood program and is home to the Japanese Immersion Program.















